



Professional Revelation

Ruby Gibson, ThM
PO Box 111
Evergreen, CO 80437

Organizational Contact Information

Roberta (Ruby) Gibson, ThM, LMT

Somatic Archaeology™ Developer/Healer, Spiritual Counselor, International Educator, Generational Brainspotting™ Developer/Teacher and Published Author

President and Co-Founder of Freedom Lodge, Inc., a 501(c)3 tax exempt organization

Providing EarthLife Studies for the Healing & Wellness of All People

Trainings in Somatic Archaeology™, Generational BrainSpotting™, and Earth-Centered Spirituality

Freedom Lodge, PO Box 811, Evergreen, CO 80437-0811

303-670-7300 (voicemail)

www.somaticarchaeology.com

www.rubygibson.com

www.freedomlodge.org

Degrees and Training

Masters in Theology/Special Emphasis in Transformational Psychology (2009 Holos University)

Doctoral Candidate (December 2011 Holos University)

Ordained Minister (April 2010, New Thought Church)

Developer and Primary Educator of Somatic Archaeology™ (since 1995)

Co-Developer and Educator of HOME FREE! (2010)

Generational Brainspotting™ Developer/Trainer and Therapist (since 2009)

Developer and Primary Educator of Earth-Centered Healing (since 2000)

Co-Developer of Trauma Touch Therapy™ (1994 at Colorado School of Healing Arts)

Licensed Massage Therapist (since 2009 - Colorado)

Certified Somatic Therapist (since 1995 - Association for Massage & Bodywork Professionals)

War and The Soul Master Class, Soldiers Heart / Dr. Edward Tick (complete May 2010)

Essential Oil Educator: Raindrop Therapy, Emotional Release and Wellness Trainings (ongoing)

Books and Publications

My Body, My Earth, The Practice of Somatic Archaeology (2009 iUniverse)

Home is the Heart (1989 Bear & Co, Santa Fe)

Message Scent Newsletter (2000-2010 Medicine Wheel Consultants, Inc.)

Description of Somatic Archaeology™

Generational patterns of suffering are the hallmark and legacy of cultural loss, displacement, war, ethnocide, and traumatic events. Somatic Archaeology™, as a therapeutic collaboration between ancient traditions, transformational psychology, neuro-somatic techniques, breathwork, guided imagery, and earth-centered-spirituality, provides us with a 5-step process which unearths the origins of buried memories, historical amnesia, and the

ensuing patterns of grief, chronic pain, addictions, anger, repetitive patterns, emotional burdens, stress syndromes, and relational issues. The release of somaticized emotions, supported by a focus on earth-centered resourcing and a dedication to personal awakening, allow us to “lighten our load” so that we can move into our future with hope, positivity, health, joy and gratitude. The overall intent is to consciously reconcile the past, thereby reducing the burdens passed onto the next seven generations. Developed by Ruby Gibson in 1995. www.somaticarchaeology.com

Description of HOME FREE!

HOME FREE! offers professional therapists and caregivers effective, non-pharmaceutical and non-invasive approaches to reducing combat stress caused by injury, anxiety and trauma. Our primary program design is guided by years of professional experience and the blending of contemporary techniques such as: Brainspotting™, Somatic Archaeology™, guided imagery, breath work, aromatherapy, nature meditation, yoga and other stress self-regulation models. HOME FREE! workbooks, audiovisual training, and client support tools are provided, along with veteran first-person presentations. Continuing education units are offered to allow individual therapists to apply training credits to meet their needs of state licensing requirements. www.freedomlodge.org

Description of Earth-Centered Spiritual Counseling

The Earth provides us with a beautiful model and mirror for individual evolution and collective change. With our focus on the ancient Medicine Wheel and elemental alchemy, Earth-Centered counseling draws comparisons from the balanced wisdom inherent in earth cycles into catalytic shifts for personal behavioral and spiritual transformation. Available for individuals, couples or organizations seeking conflict resolution, relational depth, and long-term vision.

Mandatory Disclosure Statement

This information is offered for professional clarity and accountability. The practice of both licensed and unlicensed persons, and certified or licensed school psychologists, in the field of Psychotherapy, are regulated by the Colorado Department of Regulatory Agencies (DORA). Since I am a Spiritual Counselor, Wellness Educator, Colorado state licensed massage therapist and Certified Somatic Therapist, not a mental health therapist, I am not regulated by DORA in the field of psychotherapy. Their contact information is listed below if you wish to contact them for further clarity.

DORA Grievance Board, Colorado Division of Regulations, 303-894-7800

DORA Office of Licensing, Mental Health Practitioners, www.doradls.state.co.us

1560 Broadway, Suite 1350, Denver, CO 80202

Professional Bio

Ruby Gibson, Th.M., LMT, is a national educator, author and Certified Somatic Therapist in practice for thirty years. Ruby developed the healing modality, Somatic Archaeology™, and provides individual therapy, workshops and training programs for healing generational patterns of trauma, loss, and grief. Ms. Gibson's educational background includes a masters degree in Theology and Transformational Psychology, a master class in War and The Soul with Dr. Edward Tick, Brainspotting™ trainings with Dr. David Grand and Lisa Schwarz, M.A., Indigenous cultural healing traditions/rituals, aromatherapy and bodywork. Ruby brings her unique perspective to her current doctoral research and studies at Holos University. Ms. Gibson is the President and Co-Founder of Freedom Lodge, former Director of the Colorado School of Healing Arts, and has taught Somatic Archaeology at Naropa University and in numerous schools nationwide.

Treatment Protocol and Information

Earth Centered Spiritual Counseling is non-denominational, welcomes all traditions and cultural beliefs, and invites a whole-person, whole-world perspective that honors and blesses the Earth as a living being.

Somatic Archaeology™ and Generational Healing seek to reconcile the past in order to create change in the future, healing the repetition of cause and effect. Guided imagery that establishes a sense of safety, resourcing and protection are mainstays of these techniques, along with the 5-Steps of Somatic Archaeology, and the use of therapeutic touch is offered. All sessions, with the exception of Massage Therapy and Raindrop Therapy, are done fully clothed.

As January 2011, Personal Discovery sessions are scheduled on an individual basis, are typically 80 minutes long and cost \$125.00. Couples Exploration sessions are 2 hours in length and cost \$175.00. Organizational Visioning Circles are scheduled and priced on a per-need basis. Please inquire. Prices are subject to periodic increases, although hardship requests for discounted session prices will be considered.

All sessions are confidential, reconciliatory in nature, are available by phone or in person, and never include or imply sexual contact. Homework and support are offered to encourage self-care, safety and continued healing. Most sessions include the use of therapeutic grade essential oils. Please let me know in advance if you have any concerns about the use of aromatherapy.

To schedule a session with Ruby Gibson, you may contact her at 303-670-7300 or email rubygibson@mac.com.