

# Somatic Archaeology™ for Bodyworkers

With Ruby Gibson, ThM  
ASIS, Clarkdale, Arizona

March 10-11, 2012



*What were your grandparent and great-grandparent's experiences? How do their life events and traditional stories affect you? Can your lineage affect your present day physical and emotional health? Can you change what you inherit? And if so, how?*

**Join Somatic Archaeology™ developer, Ruby Gibson, to learn how transgenerational information is held, managed and accessed through your soma, the living library of your ancestry.**

*Now is the time to discover the epigenetic and experiential skills of Somatic Archaeology™ — excavate body memory, assimilate stress, and minimize unhealthy patterns passed onto future generations. Somatic Archaeology™ combines somatic attunement, breathwork, aromatherapy, neurophysiology, nature meditation, medicine wheel principles, and stress management models formulated from kincentric principles to create profound shifts in your hormonal, physical and emotional well being.*

**Develop skills to help your clients heal inherited patterns!**

## Excavate Your Life Story

- ◆ Explore Cause and Effect: The impact of historical trauma on society, family, culture & future generations
- ◆ Origins of suffering, stress syndromes, chronic pain, disease patterns, repetitive experiences and injury
- ◆ Understand the neurobiological mechanisms of storing/integrating/excavating somatic memory
- ◆ Apply the alchemy of the ancient medicine wheel as a diagnostic tool and healing model
- ◆ Mindfulness skills for trauma first aide, somatic tracking, instinctual resourcing, empowered healing
- ◆ Discover how biogenealogical conflicts can lead to present day physiological problems
- ◆ Unearth joy, creativity, passion, dreams and authenticity for a full life

### **Somatic Archaeology™ for Bodyworkers Workshop - Student & Professional**

Dates: March 10 & 12, 2011, Saturday 9 am-6 pm / Sunday 9 am-5 pm

Tuition: Early registration by February 1 - \$200.00. After that \$225.00

CEU's: 15 continuing education hours - NCBTMB approved

Location: ASIS Massage School, Clarkdale, AZ

Registration: ASIS, 928-639-3455 OR [flagstaff@asismassage.com](mailto:flagstaff@asismassage.com)

Instructor Contact: 303-670-7300 or [trainings@rubygibson.com](mailto:trainings@rubygibson.com)

Instructor: Ruby Gibson, ThM, is an international educator, doctoral student, licensed massage therapist and certified somatic therapist specializing in trans-generational reconciliation of suffering for over 30 years. She is the developer and teacher of Somatic Archaeology™ and author of My Body, My Earth.



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